

SUPPLEMENT ONE:

GUIDELINES FOR

Excerpt from: ATHLETE SELECTION & ASSESSMENT

FOR THE

**AUSTRALIAN SAILING FUTURES,
AND STATE SAILING PERFORMANCE PROGRAMS**

April 2022

1. Overview

The **Australian Sailing Futures Program (ASF)** provides coaching and some educational support toward what it takes to be a successful athlete within current Olympic classes. It is a targeted national bridging program, seeking to supplement SSPP programs to enhance the daily training environments and athlete Sport Science & Sport Medicine (SSSM) engagement. The purpose of ASF is to optimise athlete development with target athletes and classes, building squad mentality and supporting an effective transition into the ASS and AST.

The **State Sailing Performance Programs (SSPP)** provide SSSM, coaching and DTE support, to AST and ASS athletes and support the development of State athletes currently, or identified as capable of, progressing to the highest representative levels of sailing in Olympic or pre-cursor classes. The SSPP provides world-class coaching, training, facilities and support services to improve athlete development and performance.

Athletes should be aware of the following changes to the sailing events/classes for the 2024 Olympic Games.

Event	Format	Equipment
Women's Windsurfing	Course & Slalom Racing + Elimination Finals	IQFoil
Men's Windsurfing		
Women's Kite	Fleet Racing + Elimination Finals	IKA Formal Kite
Men's Kite		
Women's Dinghy	Fleet Racing + Medal Race	ILCA 6
Men's Dinghy		ILCA 7
Women's Skiff	Fleet Racing + Medal Race	49erFX
Men's Skiff		49er
MX Dinghy	Fleet Racing + Medal Race	470
MX Multihull	Fleet Racing + Medal Race	Nacra 17

Australian Sailing is carefully following the evolution of the effects of COVID-19 on the global and domestic level and how it may impact travel and competing at international regattas. Unless otherwise required by exceptional and unforeseen circumstances related to the impact of COVID-19, Australian Sailing will follow these published selection and assessment guidelines as written.

However, situations related to the COVID-19 pandemic may arise that require these selection and assessment guidelines to be modified. Any modifications will be made promptly and as often as required following developments that directly impact these guidelines. In such circumstances, any modifications will be communicated to all affected individuals as soon as possible.

Further, situations may arise that do not allow these guidelines for athlete selection and assessment to be modified or applied as written due to time constraints or other exceptional and unforeseen circumstances. In such situations, any decision, including nomination decisions, will be made by the HPD, as stated within these guidelines, in close consultation with the Technical Director and relevant National Team Coaches and staff, and in accordance with the stated performance objectives and selection philosophy and approach as stated herein. Should it be necessary to make any decision in this manner, Australian Sailing will communicate with all affected individuals as soon as possible.

Futures Program

5.1 Athletes transitioning to, or in, Olympic classes, under 29 years of age and not currently selected for the ASS, will be considered for the Futures program in the Emerging and Developing categories. Futures will not normally be offered to athletes 29 years or older, except at the discretion of the NPPM and will be assessed on the basis of:

- Competing in Olympic class World Championships and Junior World Championships.
- Competing in Olympic class domestic circuit events and National Championships.
- Transition from target Youth Pathway Classes into Olympic classes: competing at domestic competitions including National Championships and Youth Class Worlds or attend the WS Youth Worlds.
- Demonstrating the capability to achieve 'Podium Potential' athlete categorisation within 1-3 years.
- Sailing performance in competition based on criteria outlined in **Schedule C** that require performances within the top x regatta places AND within the top y% of the fleet. That is a smaller fleet may require a higher placing to qualify. Achieving a result as listed in **Schedule C** entitles an athlete to be considered for selection but does not guarantee selection as the factors in **Schedule E** will be applied as detailed below.
 - Performance trends over time
 - Assessment by the SSPP and Futures Coach based on input from support staff and Australian Sailing management and where applicable, AST Coaches, of the athlete's potential to progress based on athlete assessment criteria as outlined in **Schedule E** of this document.
 - Performance Pathways management can propose to the National Performance Pathway Manager (NPPM), at their discretion, additional athletes based on the Athlete Assessment Criteria in **Schedule E**. Scholarship holders that are in a transition phase between classes, or who have been injured/ill but have previously achieved the set standards, may be granted a discretionary scholarship.

5.2 Performance Pathways management and National coaches, in consultation with State and Futures coaches, will collate results for all athletes' relevant domestic, national and international performances.

5.3 Australian Sailing will evaluate the overall level of competition and depth of the fleet at any event, and on this basis reserves the right to exclude any domestic, national and international performances from consideration where the competition and/or depth of the event was deemed to be below average.

- 5.4 Invitations to the Futures will be communicated before the end of February each year, for 12 months from 1st March, excepting that the NPPM may award Futures contracts for lesser periods, subject to performance during that period; or with a September review.
- 5.5 Futures squad sizes dependant on resourcing available and at the discretion of the NPPM and PPTM. Squad size at the discretion of the NPPM and PPTM squad sizes may not be fulfilled.
- 5.6 Both objective (results) and subjective criteria (behaviours, physiology, mental capacity) including engagement with SSSM and other supports will be considered for Futures selection with appropriate and relevant weightings. Therefore, the final selection will be at the discretion of the NPPM and PPTM.
- 5.7 Athletes selected for Futures under Pre-emerging “Training Partner” status will be offered at sole discretion of the NPPM and the SIS/SAS will be conditional and no program fee will be required from the STS/SAS program.
- 5.8 Pre-emerging ‘Training partner’ athletes selected for Futures will not be categorised under the AIS categorisation system.

State Sailing Performance Programs (SSPP)

- 6.1 Athletes in Pathways and Olympic classes under 25 years of age, will be considered for membership in the SSPP in the Emerging category and will be assessed on the basis of:
- Competing Youth class World Championships and Youth class European Championships
 - Competing in domestic circuit events and National Championships Youth World Sailing Championship classes
 - Demonstrating the capability to achieve at least AIS Development class athlete status within 3-5 years.
 - Sailing Performance in competition based on criteria outlined in **Schedule D** that require performances within the top x regatta places AND within the top y% of the fleet. That is a smaller fleet may require a higher placing to qualify. Achieving a result as listed in **Schedule D** entitles an athlete to be considered for selection but does not guarantee selection as the factors in **Schedule E** will be applied as detailed below.
 - Performance trends over time
 - Assessment by the SSPP Coach based on input from support staff and Australian Sailing management and where applicable, AST Coaches, of the athlete’s potential to progress based on athlete assessment criteria as outlined in **Schedule E** of this document.
 - The SSPP Coach, at their discretion and with approval of the SSPP partners/NPPM, may propose additional athletes based on the

Athlete Assessment Criteria in **Schedule D**. Scholarship holders that are in a transition phase between classes or who have been injured/ill but have previously achieved the set standards may be granted a discretionary scholarship.

- 6.2 Australian Sailing management and National coaches in consultation with State coaches, will collate results for all athletes' relevant domestic, national and international performances.
- 6.3 Australian Sailing will evaluate the overall level of competition and depth of the fleet at any event, and on this basis reserves the right to exclude any domestic, national and international performances from consideration where the competition and/or depth of the event was deemed to be poor.
- 6.4 Australian Sailing in conjunction with the SSPP coach, may at their discretion offer pre-emerging status to sailors "training partner" to selected sailors where their performances have not met the standard to achieve an SSPP scholarship, however it is the opinion of Australian Sailing, SIS/SAS and SSPP coaches to determine if the sailor will add value to the SSPP training group within the respective class.
- 6.5 Both objective (results) and subjective criteria (behaviours, physiology, mental capacity) will be considered for Futures selection with appropriate and relevant weightings. Therefore, the final selection will be at the discretion of the State Head Coach/Lead, NPPM and PPTM.
- 6.6 Pre-emerging 'Training partner' status will be offered at sole discretion of the NPPM and the SIS/SAS and will be conditional on receipt of a program fee, which will be communicated at the time the offer is made.
- 6.7 Pre-emerging 'Training partner' sailors will not be categorised under the AIS categorisation system.

Schedule C – Australian Sailing Futures Program (Non-ASS, Olympic Classes) Performance Criteria

While the tables below outlines the results and benchmarks required, it is possible that athletes will not be competing at some or all of these events through 2022/23, so NPPM discretion, in consultation with PPTM and State and Futures coaches, will be required.

To be considered for selection	Overall Male/Mixed Sailors	Overall Female Sailors
Top 30% of the overall fleet at the Junior Worlds "U21 – U23"	✓	✓
Top 50% of the overall fleet at the Olympic - Class Worlds	✓	✓
Top 40% of the overall fleet at the Open Europeans	✓	✓
Sail Sydney and Sail Melbourne which will include placing, fleet size and depth of field into consideration	✓	✓
Top 8 (single-handed) or Top 6 (double-handed) overall AND top 20% fleet at Olympic Class Nationals (10 entries minimum)	✓	✓
Youth Pathway Classes. Top 3 overall placing and top 20% of the fleet based at Class Nationals. (10 entries minimum)	✓	✓
Youth Pathway Classes. Top 10 overall placing and top 20% of the fleet based on World sailing Youth Categories Class World Championships.	✓	✓

Legend:

- (1) Equipment is based on WS Youth Worlds and Olympic Equipment. Equipment may change from time to time and will be advised by WS.
- (2) Age eligibility criteria apply for both helmsperson and crew in the youth classes based on the WS Youth Worlds Selection criteria under 19 years of age.
- (3) Youth Results, ILCA6, Techno 293 Plus and Int 420 will be based on gender results. Overall results will be used for Windfoil, Kite Foiling, Int 29er and Nacra 15 classes.

- (4) Australian Sailing will evaluate the overall level of competition and depth of the fleet at any event, and on this basis reserves the right to exclude any domestic, national and international performances from consideration where the competition and/or depth of the event was deemed to be below average (under clause 5 - Futures)

Schedule D – SSPP (Non-ASS/Futures) Performance Criteria Youth Pathway Classes

Due to COVID-19, Regattas may be cancelled, postponed or may not support travel to these regattas due to domestic, national or International, border travel registrations in 2022/23.

While the tables below outlines the results and benchmarks required, it is highly possible that athletes will not be competing at some or all of these events through 2022/23, so NPPM discretion, in consultation with PPTM and State and Futures coaches, will be required.

To be considered for selection	Overall Male/Mixed Sailors	Overall Female Sailors
Selection to the Australian Sailing Youth Team (1) and/or top 3 placing and top 20% of the fleet for Youth Class Pathway Class Nationals U19 (4)	✓	✓
Top 10 overall placing and top 20% of the fleet based on World Sailing Youth Categories Class World Championships (2)	✓	✓
Top 10 overall placing and top 20% of the overall fleet at World Sailing Youth World Championships (3&4)	✓	✓
Sail Sydney and Sail Melbourne which will include placing, fleet size and depth of field into consideration	✓	✓
Top 10 (single handed) or top 6 (double handed) placing and top 30% of fleet at Australian Olympic Class Championship (4)	✓	✓
Top 10 (single handed) or top 6 (double handed) overall placing and top 30% of the fleet at Olympic Class Junior World Championships and/or European Championships (5)	✓	✓

Legend:

- (1) Equipment is based on WS Youth Worlds Equipment. Equipment may change from time to time and will be reflected in the [Australian Sailing Youth Team \(ASYT\)](#) selection criteria.
- (2) Age eligibility criteria apply for both helmsperson and crew. In addition, ILCA6, Techno 293 Plus and Int 420 will be based on gender results. Overall results will be used for Mixed Kite Foiling, Int 29er and Nacra 15 classes.
- (3) (3) Only applicable to the Australian Sailing Youth Team attending the World Sailing Youth World Championships

- (4) (4) Australian Sailing will evaluate the overall level of competition and depth of the fleet at any event, and on this basis reserves the right to exclude any national and international performances from consideration where the competition and/or depth of the event was deemed to be below average (Under Clause 6 - SSPP)
- (5) World Sailing Olympic Class Categories and age eligibility for both skipper and crew – based on gender results.

Schedule E – Australian Sailors: Athlete Assessment Criteria

Category	Factor
Extraordinary Skilled Technicians	<p><i>Australian Sailors are technical proficient to maximise boat speed:</i></p> <ul style="list-style-type: none"> • Boat Handling • Equipment Knowledge • Mark Roundings • Upwind Speed Technique • Downwind Speed Technique
Brilliant Racers	<p><i>In the heat of battle demonstrate exceptional racing abilities:</i></p> <ul style="list-style-type: none"> • Tactically Adept • Strategically Smart • Great Starters • Exceptional Risk Managers • Know the Rules
Mentally Prepared and Skilled	<p><i>Australian Sailors are:</i></p> <ul style="list-style-type: none"> • Confident to Perform • Composed Under Pressure • Determined, Dedicated and Mentally Tough • Clear & Quick Thinkers (Processing Skills) • Self-Aware and can Self-Regulate • Psychologically flexible • Effectively use psychological coping skills
Striving for Personal Excellence	<p><i>Australian Sailors demonstrate:</i></p> <ul style="list-style-type: none"> • Performance is Priority • Career, Education, Financial & Campaign Planning Skills • Committed to Personal Development & Wellbeing • Embraces and demonstrates AST Values • Contributes to the promotion of Sailing
Physical Capacity & Robustness	<p><i>Australian Sailors have the ability to perform:</i></p> <ul style="list-style-type: none"> • High level aerobic endurance and efficiency • Relative and Maximal Strength • Dynamic movement and control • Optimum height and weight ratio for chosen class • Exceptional training capacity and ethic

Schedule G – Athlete Category Matrix (AS & AIS)

Australian Sailing Category	AST A (1-3)	AST B (4-8)	AST C (9-10)	ASS Gold	ASS Silver	ASS Bronze	Futures	SSPP
AIS High Performance Strategy 2020-2024	Podium	Podium Ready		Podium Potential			Developing	Emerging